



## **PHOTO FACIAL PRE & POST TREATMENT INSTRUCTIONS**

### **PRE – TREATMENT INSTRUCTIONS**

- Stop any all topical creams 24 to 48 hrs. before photo facial unless instructed by your Dermatologist.
- If you have a history of herpes, cold sores, warts, sunburned skin. Please do let your doctor know.

### **POST – TREATMENT INSTRUCTIONS**

- DO wash twice a day with a gentle cleanser and liberally apply a bland moisturizer after cleansing and throughout the day as needed to prevent dryness.
- DO NOT vigorously rub the skin, use scrubs.
- Sun protection is critical. You should NOT have prolonged sun exposure; wear broad spectrum sunscreen with a minimum of SPF 30. This includes driving to work.
- AVOID laser treatments, waxing, use of depilatories, or microdermabrasion for 2 weeks.
- Resume the use of cream and treatment as advice by your Dermatologist.
- AVOID swimming, sauna use for at least 3 days after the Procedure.
- If you were instructed to take an antiviral medication, DO complete the prescribed course.

The procedure may cause swelling, redness, crusting, and dryness, skin sensitivity, itching, darkening and peeling of the site which could last for 3-5 days. These are expected reactions (Rarely).

After treatment, if you have any questions, concerns or experience any problems, please contact our clinic at 9871217300, 0124-6614282